



## Face The World With Confidence



It is common sense. Contentment with one's appearance can elevate self-esteem, boost confidence in a variety of situations and, as a result, significantly improve quality of life. As we age, our skin slackens, wrinkles and folds appear, and our

youthful radiance begins to wane. But while the effects of aging happen to everybody, there are steps you can take to minimize - and even reverse - the process.

The days of surgery being the only option for treatment of facial wrinkles are long gone. Today there are many products available that are highly effective at minimizing or even eliminating wrinkles and lines, thereby restoring a youthful appearance to the skin.

You may think you need a facelift. The results you want however may be obtained with a much less invasive procedure, such as, injectable treatments, medical grade skin treatments, laser procedures, dermal fillers and other injections. These non-surgical treatments can produce remarkable rejuvenation results.

The Cosmetic Surgery Clinic stays abreast of the latest developments in all areas of cosmetic and reconstructive treatments, and offers products and services that have been proven safe and effective. While each product has its particular strengths, all produce fast results with virtually no downtime.



## Implants Create A Curvier, More Confident You



Some breasts "deflate" after pregnancy or breast feeding. Some change with weight loss. Sometimes the right and left breasts are very different in size and shape. Some breasts are simply too small.

For a variety of personal reasons, some women are dissatisfied with the size and shape of their breasts. Breast augmentation surgery is a safe and simple way a woman can improve her overall appearance, giving her a curvier figure and increased self-confidence in her appearance.

Dr. Shenker and his team carefully consider the types of breast implants available and use both silicone and saline, depending on the patients' anatomy and desired cosmetic outcome. For more information on the options available, visit our website - [drshenker.com](http://drshenker.com)

## ProFractional Laser

Recently, facial rejuvenation has become an appealing option for people looking to enhance the tone, texture and overall appearance of their skin. Aesthetic concerns such as fine lines, wrinkles, acne scarring and pigment can be addressed and treated with excellent results using a ProFractional Laser.

At The Cosmetic Surgery Clinic we use a Sciton laser, which produces heat in very



tiny columns, the size of two strands of hair. These columns of heat can be

delivered at various depths into the skin, depending on what issue is being treated. Treating acne scars and deep upper lip line wrinkles requires a deeper column than the column depth used when treating mild wrinkles and texture improvement. A topical numbing cream and the use of a device that blows cold air assists in

minimizing discomfort during treatment. The columns of heat force the skin's collagen to regenerate, resulting in the skin feeling firmer, less wrinkled, with improved texture. The collagen remodeling continues to improve months after the treatment. Contact the Clinic to book your personal consultation.

## Welcome Jill to The Cosmetic Surgery Clinic

Dr. Robert Shenker and the staff at the Cosmetic Surgery Clinic are proud to introduce Jill Misangyi R.P.N. as the newest member of the team at the Cosmetic Surgery Clinic.

Jill has been a nurse for many years. The majority of which have been spent exclusively in the cosmetic field. She is widely renowned as an expert trainer for Canderem, makers of some of our most popular products, including Radiesse, Evolence, Evolence Breeze and Alyria.

Jill will assist Dr. Shenker in delivering non-surgical services such as Botox, injectable fillers, Sciton ProFractional laser skin resurfacing and skin care.

Jill will also be assisting Dr. Shenker in new services such as sclerotherapy to treat unsightly leg veins and the very effective "Obagi" skin care program.

Sclerotherapy is a safe non-surgical procedure commonly used to treat varicose veins and spider veins. Extremely fine needles are used to inject your vein



with a solution (sclerosing agent), which will cause the veins to close. The number of treatments needed to remove the vein completely varies from patient to patient, depending on the severity of the veins. The procedure typically takes between 20 and 60 minutes.

*"It means a lot to find a Doctor who is not only knowledgeable, but understanding as well. Thank you for your amazing work. I will always remember what you did for me. From the bottom of my heart I thank you."*



**Dr. Robert L. Shenker**  
B.Sc.(Hons), M.Sc., M.D., F.R.C.S.C.  
Plastic Surgeon

## The Cosmetic Surgery Clinic - What's News

*For a limited time* The Cosmetic Surgery Clinic is offering 15% off of all Sclerotherapy procedures with Jill, our Sclerotherapy Specialist. Please call for your appointment.

Let us know the topics you would like to see written in our newsletter, or if you have any questions, please submit them to [info@drshenker.com](mailto:info@drshenker.com)

### Areas of Expertise Include:

Breast Augmentation, Breast Lift, Male Breast Reduction, Tummy Tuck, Rhinoplasty, Eyelid Lift, Face Lift, Neck Lift, Liposuction

### Non Surgical & Laser Procedures Include:

Photo Rejuvenation, Laser Resurfacing, Skin Tightening, Sclerotherapy, Vascular & Pigment Treatment, Acne Light Therapy, Juvederm, BOTOX, Teosyal, Advanced Skin Care Products

*refresh*  
*renew*  
*revitalize*

## The Cosmetic Surgery Clinic

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Plastic, Cosmetic &  
Reconstructive Surgery  
Non-Surgical Revitalization

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